

Welcome to Detox – The first step toward recovery

We've created a comfortable, nurturing setting where you can focus on regaining wellness. Within our warm environment, you'll get the support you need for cleansing your body of harmful substances.

Items you may bring:

- 3-5 pairs of socks
- 3-5 pairs of underwear
- 3 bras
- 1 Hat
- 1 pair of slides or closed-toe slippers (no flip flops)
- 3 books or magazines
- Colored pencils/crayons/pens
- iPod or MP3 player (no camera, no Wi-Fi, cannot be charged via computer). Must have headphones
- Deodorant, chapstick ,and hairbrush (no aerosol products)
- Lotion
- Toothbrush/toothpaste
- Shampoo/conditioner
- List of phone numbers
- (Shirts, sweatshirts, and sweatpants will be provided by Lifeline)

Lifeline Connections is not responsible for lost or stolen items brought onto the unit.

Items left behind will be disposed of after 30 days.

Substance Abuse and Mental Health Treatment

Integrated Treatment Services for Substance Abuse and Mental Disorders

Multiple Levels of Residential and Outpatient
Treatment

Security Programs of Care for Deaf and Hard of Hearing, Pregnant and Parenting Women, Adolescents, and Drug Court