

Summer 2024 Newsletter

Upcoming Fundraising Luncheon

Join us on Thursday, September 12th, 2024 to ensure hope, help, and healing for our community members most in need of a lifeline! Our annual fundraiser, *A Lifeline to Wellbeing Luncheon* will be held from 11:30am – 1:00pm at Royal Oaks Country Club in Vancouver, WA.



Click or Scan to Join Us

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[Email Development@LifelineConnections.org](mailto:EmailDevelopment@LifelineConnections.org) or call (360) 397-8246 ext. 30548 for more information!

Thank you to our sponsors!

Platinum: Houser Family

Gold: Recovery Café Clark County

Silver: Kaiser Permanente, Lockton, HUB International Northwest LLC, Lockton, Vancouver Housing Authority, Riverview Bank, and Vancouver Housing Authority

Bronze: Gunn Mackenzie PLLC, 4D Recovery, Community Health Plan of Washington, Carelon, Opsahl Dawson, The Vancouver Clinic, Jodie Sharp Realty, SWACH, and MorePower Technology Group

In-Kind: Upbeat Music Therapy and Wellpoint Washington

Media: The Columbian

Follow Lifeline Connections on social media for updates!



We are Hiring!

Joining Lifeline Connections gives you an opportunity to create lasting, meaningful change with those we serve and our community. We offer a generous benefits package that includes tuition reimbursement, paid time off, medical coverage and many positions even include a hiring bonus!

Please visit our [website](#) to view the full list of openings.

- Medical Director (Vancouver, WA)
- Director of Development & Communications (Vancouver, WA)
- HOST Registered Nurse (Vancouver, WA) **\$2,000 hiring bonus!**
- SUDPT (Vancouver, WA and Bellingham, WA)
- Mental Health Professional (Vancouver, WA and Bellingham, WA) **\$5,000 hiring bonus!**

Medication Assisted Recovery Across Western Washington



[Medication Assisted Recovery \(MAR\)](#) is available in seven locations. MAR uses approved medications to reduce withdrawal symptoms, cravings, and block the effects of substance use. This easy-access program can help you on your recovery journey.

Many of these locations offer walk-in access during specific days and times. Review the map above to see which location works best for you or your loved one!

4.0 ★★★★★ (13 reviews) ⓘ

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★★★★★ 10 weeks ago

My experience at Lifeline was completely life changing. If you feel like you need a soft place to land with angels at every corner to help, go to Lifeline. The amount of support, kindness, and empathy you will receive is overwhelming. Please, if you are in crisis, go to Lifeline. I will never forget all of the staff members who hugged me when I cried, and told me I deserve all of the love in the world. It was endless. If I ever need help again, this is my new refuge, or what I jokingly call, a safe mom basement you would dream of to recover in. :) There is so much love at Lifeline. Thank you for getting me there Cynthia.

Thank you, Crafts Americana

Crafts Americana recently gifted more than 100 clothing items and more than 200 skeins of yarn to our programs! We are grateful for this demonstration of community support for the adults and children we serve.

Your generous support can make a difference, too!

You can help the countless individuals who struggle daily with behavioral health challenges like depression, trauma, and substance use.

National Recovery Month

September is National Recovery Month to celebrate the resilience of those who have experienced a behavioral health challenge and break the stigma surrounding substance use disorders and mental health. It's a month dedicated to honoring each person's unique recovery journey, serving as a powerful reminder that recovery is possible and something to be celebrated.

If you or someone you know is struggling, please reach out to us for help. Lifeline Connections offers [behavioral health treatment](#) and supportive services to help individuals achieve recovery and wellbeing. Our compassionate counselors are available 7 days a week. Call (360) 397-8246 ext. 30500 to schedule an assessment today.

Go The Distance

Lifeline Connections began an exciting partnership with local nonprofit organization, Go The Distance. This partnership promotes recovery through adjunctive therapies, such as physical fitness, by offering extracurricular activities to individuals participating in our residential programs in Clark County. Physical fitness can help improve symptoms associated with substance use disorders including improved mood, better sleep, stress relief, and promoting social interaction.

We are excited to share that our first participant to complete 12 sessions with Go The Distance was honored on June 24th, 2024! She received a new pair of On Cloud shoes, sportswear, a Go The Distance shirt, socks, a medallion, and certificate!

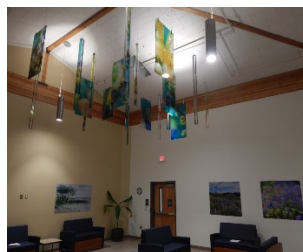


Changing Lives at Crisis Wellness Center

Our Crisis Stabilization program is an alternative to hospitalization or can decrease the length of hospitalization. Our environment helps patients feel welcomed, valued, affirmed, and validated. Our support team consists of licensed substance use and mental health professionals, licensed nurses, peer support specialists, licensed prescribers, and case managers. Patients have an active role in their treatment planning which fosters empowerment and resiliency.

Call (360) 205-1222 to speak with staff to determine if this program is a good fit for you or a loved one.

Admissions are available until 5pm, 7 days a week.



Make a gift [today!](#)

Your support *at any amount* helps us to continue supporting community members on their unique recovery journey through **38** diverse programs. Funds will help support needs such as:

- ADA Compliant Ramps
- Bunkbeds
- Hygiene and personal care products
- Clothing
- Much more!

Approximately 5,000 individuals use our behavioral healthcare programs each year. **By making a gift**, you help individuals to achieve recovery and wellbeing. Together, we can provide hope, help, and healing to our community; so everyone can thrive!

[DONATE TODAY!](#)