

# Spring 2024 Newsletter

## Join Us

*Ensure hope, help, and healing for our community most in need of a lifeline!*

### **A Lifeline to Wellbeing Luncheon**

*A Fundraiser to Support Recovery*

Thursday, September 12<sup>th</sup>, 2024

11:30am – 1:00pm

Royal Oaks Country Club  
8917 NE Fourth Plain Blvd.  
Vancouver, WA 98662

[PURCHASE TICKETS](#)

[Sponsorship opportunities](#) are available! Email [Development Director Chris Hughes](#) to learn more.

## North Sound Celebrates Five Years



On May 22<sup>nd</sup>, 2024, Lifeline Connections' North Sound Region celebrated five years of providing services in Skagit and Whatcom Counties!

Vice President of Outpatient & Community-Based Services, Brandy Branch, spoke on our expansion in the region and North Sound Regional Director, Julie Grendon, announced the launch of New Journeys, an early intervention program for First Episode Psychosis. Our President & CEO, Andrea Brooks thanked community partners for their support in making our programs and services possible.

*Thank you to our community partners for their support!*

**Follow Lifeline Connections on social media for updates!**



**JOIN**

**OUR**

**TEAM**

Are you or someone you know looking for a meaningful career? We have many openings across Washington.

Lifeline Connections offers a generous benefits package including tuition reimbursement, paid time off, medical coverage, and more! Some positions include a hiring bonus!

Clinical and administrative positions are available! Review the full list of current openings [here](#) or see if any of the below positions are a good fit!

- Nursing Director (Vancouver, WA)
- Medical Director (Vancouver, WA)
- Mental Health Professionals (Bellingham, Mount Vernon, and Vancouver, WA)
- Peer Support Specialists (Vancouver and Bellingham, WA)
- Residential Aides (Bellingham and Vancouver, WA)
- Crisis Wellness Center Director (Vancouver, WA)
- Operations Specialist (Vancouver, WA)

Learn more at  
[www.lifelineconnections.org/careers](http://www.lifelineconnections.org/careers)

## Mental Health Openings for Children and Youth



In our continued mission to inspire hope and provide lifesaving changes, we offer mental health treatment to individuals aged five and older at our Orchards (East Vancouver), WA location.

To begin your child's journey to health and wellness, please call: (360) 984-5511 or email: [youthreferral@lifelineconnections.org](mailto:youthreferral@lifelineconnections.org).

## Suicide Prevention Training in Clark County

Lifeline Connections continues offering *FREE* Mental Health First Aid and *FREE* Question. Persuade. Respond. (QPR) Suicide Prevention training to Clark County.

Trainings are provided at our [Recovery Resource Center](#) or a location of your choice.

In Q1 2024, 69 individuals participated in Mental Health First Aid Training and 43 participated in QPR Suicide Prevention Training. *All 112 are now better equipped to serve our community!*

If you are interested in learning these vital tools, email Jilana Nunn: [JNunn@LifelineConnections.org](mailto:JNunn@LifelineConnections.org) today!

*"This will open your eyes to the reality of suicide & provide you with the tools to save someone's life."*

*-Program Participant*

## Medication Assisted Recovery Continues to Expand

Medication Assisted Recovery/Medication Assisted Treatment uses medications to reduce cravings and withdrawal symptoms and block the effects of substance use.

We have **seven** locations across Washington State to serve the community! Many have walk-in hours. If you or someone you know is ready to start their journey recovery, our Medication Assisted Recovery program can help!

Individuals seeking immediate access to this lifesaving medication can walk-in to Rapid Response Clinics at these locations, these days and times.

- [Anacortes Office](#) – Wednesday 10am – 2pm
- [Bellingham Office](#) – Monday – Thursday 11:20am – 1:30pm
- [Concrete Office](#) – Tuesday 10am – 2pm
- [Mount Vernon Office](#) – Monday – Thursday 11:20am – 1:30pm
- [Orchards \(East Vancouver\) Office](#) – Monday – Friday 9 – 11am
- [Oak Harbor Office](#) – First and Third Wednesday 10am – 2pm
- [Vancouver VA Campus Office](#) – Wednesday 9am – 11am

## Iesha's Resilience and Recovery

"On June 4, 2012, my children were removed from my care. Unfortunately, I continued to use resulting in a deep depression. In 2014, I finally was ready for recovery. My husband and myself started to attend a meeting called the Light House. The message that struck a chord with me was "all you need is the desire to stop using." While attending that meeting someone told me about Lifeline Connections.

I got a bed date for June 24, 2014. When I arrived at inpatient treatment, I rocked it! I loved it because I was ready to make that change. The week I was to be discharged I had not found stable housing yet. So, I asked for an additional week to find housing.

I was accepted into an Oxford House. By the grace of God, I started to build a solid foundation for my recovery. Today I am the mother, wife, and person that I should have been all along. My motto is: "Do everything to stay sober." Today my husband and I have our own place and my babies are home. I am always making strides to be a better person."

***You can make a difference, too!***  
***Support Lifeline Connections' Lifesaving Work***

**[DONATE TODAY!](#)**