



hope.  
help.

# Healing.

ANNUAL REPORT 2020

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“It feels like people care. It feels less clinical and more personal while still being professional and following guidelines.”

– FORMER PATIENT

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# contact us



## WRITE

P.O. Box 1678, Vancouver, WA 98668  
[info@lifelineconnections.org](mailto:info@lifelineconnections.org)



## CALL

(360) 397-8246



## VISIT

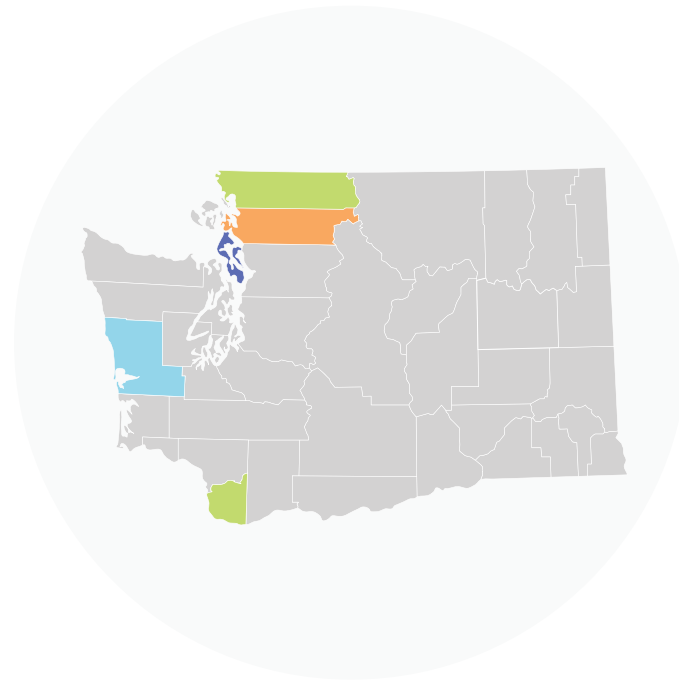
[lifelineconnections.org](http://lifelineconnections.org)



## DONATE

Lifeline Connections is a private, not for profit 501(c)(3) corporation that has served the community since 1962. We rely on donations to help accomplish its mission. Become a donor today and help individuals find hope, help and Healing.

[lifelineconnections.org/how-you-can-help/](http://lifelineconnections.org/how-you-can-help/)



## LOCATIONS

<b>VA Campus Office</b>	1601 E. Fourth Plain Boulevard, Building #17	Vancouver, WA 98661	(360) 397-8246
<b>Aberdeen Office</b>	311 South I Street	Aberdeen, WA 98520	(360) 787-9319
<b>Bellingham Office</b>	4120 Meridian Street, Suite 220	Bellingham, WA 98226	(360) 922-3030
<b>Crisis Wellness Center</b>	197 NW Lower River Rd.	Vancouver, WA 98660	(360) 205-1222
<b>Meriwether Place</b>	6221 NE Fourth Plain Blvd, Suite 120	Vancouver, WA 98661	(360) 989-3743
<b>Mt. Vernon</b>	2105 Continental Place, Suite A	Mt Vernon, WA 98273	(360) 399-6900
<b>Oak Harbor</b>	1791 1st. Ave.,	Oak Harbor, WA 98277	(360) 399-6900
<b>Orchards Office</b>	11719 NE 95th Street, Suite A	Vancouver, WA 98682	(360) 984-5511
<b>Recovery Resource Center</b>	9317 NE Hwy 99, Suite M	Vancouver, WA 98665	(360) 787-9315
<b>Women's Recovery Center</b>			(360) 690-3069

We transform lives giving hope, help, healing to those impacted by substance use and mental health conditions.

## OUR MISSION

Through the use of superior customer service, high-quality programs, and a well trained and dedicated staff, our mission is to inspire hope and support life-saving changes for people affected by substance use and mental health conditions

## OUR VISION

To be recognized as the premier provider of substance use and mental health services in the Pacific Northwest by providing integrated care, comprehensive services and enduring relationships.

Year	2020
<b>Patient Satisfaction Rate</b>	94%
<b>Weekly patients who receive telehealth</b>	950
<b>Hours of community outreach annually</b>	1,000+

## WE ARE

Lifeline Connections helps struggling adults find hope and healing. We treat substance use and mental illness with deep compassion and steadfast care. More than 4,000 people every year find the help they need at Lifeline Connections.

Since 1962, we've served our community with behavioral health treatment services grounded in proven practices. We're a private, non-profit 501(c)(3) corporation headquartered in Vancouver, WA.

## WE OFFER

With skillful efficiency and a passion for healing, we can help no matter where people are in their recovery journey. Our professional staff includes:

- Board-certified psychiatrist and addictionologist
- Psychiatric nurse practitioners
- State-certified and licensed mental health professionals, social workers and substance use professionals
- Registered and licensed practical nurses
- Counselors who are bilingual and fluent with American Sign Language
- Peer support/recovery coaches

## WE USE

We're licensed by the Washington State Department of Health and accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). Our curricula have passed review by the Substance Abuse and Mental Health Services Administration (SAMHSA) and are listed in its Curricula and treatment methods used at Lifeline Connections have passed rigorous independent review and meet the standards of evidence-based practices.

QUALITY



CUSTOMER SERVICE



INTEGRITY



DIVERSITY AND INCLUSION



VALUE COMMUNITY PARTNERS



# board president's message



I appreciate the opportunity to be a part of Lifeline Connections. For over 50 years this great organization has been on the front-lines helping adults, youth and families address substance use and mental health conditions. For many these services were life-saving and life-altering.

We had many plans going into 2020, but the

COVID-19 pandemic would disrupt everything. Lifeline Connections' staff had to adjust quickly to deliver care in new ways and to put procedures in place to protect staff and our patients in our inpatient programs. 2020 was a year of high stress and uncertainty for our staff and patients. But our leadership were quick to act, and our staff were dedicated and courageous in their response.

With the hope that the pandemic will come to an end sometime in 2021, the pandemic's negative effects on individual's mental health will be with us far into the future. The services that Lifeline Connections provides to our communities is now more important than ever as our communities start on the long road to recovery.

This annual report is provided to our communities to showcase the great work that Lifeline Connections accomplished in 2020. You will notice that while 2020 was a time of upheaval for Lifeline, it was also a time where we accomplished much. For example, the opening of our Crisis Triage and Stabilization Program in Vancouver.

The Board of Directors greatly thanks all of you who supported Lifeline Connections in 2020 and we thank you for your continued support.

**MATTHEW LEE**  
President, Board of Directors

## BOARD OF DIRECTORS

<b>Matt Lee</b>	President	Opsahl/Dawson Certified Public Accountants
<b>Edie Blakley</b>	Vice President	Clark College Career Services
<b>Brian MacKenzie</b>	Treasurer	Gunn MacKenzie Law Firm
<b>Kassandra Early</b>	Secretary	Self Employed Business Contractor
<b>Robert Poole</b>	Director	Retired Psychologist
<b>Ginger Schmidt</b>	Director	Riverview Bank
<b>Harry White III</b>	Director	Waddell & Reed Financial Advisors
<b>Rusty Williams</b>	Director	Cost Management Services Inc.

## THE SOBERING SERVICES UNIT ADVISORY BOARD

<b>Kathy McNicholas</b>	Chair	Vancouver Police Department
<b>Marc Muhr</b>	Vice Chair	Clark County EMS
<b>Victor Garcia</b>	Member	Peace Health
<b>John Horch</b>	Member	Clark County Sheriff's Office
<b>Amy Reynolds</b>	Member	Share
<b>Peggy Sheehan</b>	Member	Vancouver City

## CRISIS TRIAGE AND STABILIZATION ADVISORY BOARD

<b>John Horch</b>	Chair	Clark County Sheriff's Office
<b>Brittany Davis</b>	Vice-Chair	Amerigroup
<b>Kori Basquez</b>	Member	SeaMar
<b>Victor Garcia</b>	Member	Peace Health
<b>Jim Hagar</b>	Member	Port of Vancouver
<b>Jeffrey Hite</b>	Member	Beacon Health Options
<b>Jim Jensen</b>	Member	SWACH
<b>Dave Kester</b>	Member	Peace Health
<b>Kathy McNicholas</b>	Member	Vancouver Police Department
<b>Marc Muhr</b>	Member	Clark County EMS
<b>Ana Sifuentes</b>	Member	YWCA Clark County

## RECOVERY RESOURCE CENTER ADVISORY BOARD

<b>Keith Wells</b>	Chair	
<b>Randy Strutz</b>	Vice Chair	
<b>Lyn Anderson</b>	Member	
<b>Julie Jo Cole</b>	Member	
<b>John Dyer</b>	Member	
<b>Tim Ranger</b>	Member	
<b>Bill San Nicolas</b>	Member	
<b>Orvie Wak</b>	Member	

## MANAGEMENT TEAM

- Jared Sanford, MPA**  
President and CEO
- Joe Foster, MBA**  
Vice President of Finance and Operations
- Remi Smith, MSW, MBA**  
Vice President of Quality Assurance and Corporate Compliance
- Brandy Branch, LMHC, SUDP**  
Vice President of Outpatient and Community Based Services
- Arianna Kee, LMHC, SUDP**  
Vice President of Crisis and Stabilization Services
- Jennifer Logan, LASW, LMHC, SUDP**  
Vice President of Residential Services
- Amanda Scharfe, MS, SUDP**  
Program Director Substance Use Disorder Men's Residential Services
- Brianna Dalton, LMHC**  
Program Director Community Based Treatment Services Clark County
- Carolyn Mason, MS, SUDP**  
Regional Program Director North Sound Region
- Dan Jass, MA, LMFT**  
Program Director Child & Youth Services
- Esther Lloyd, SUDPT**  
Program Director Recovery Supports
- Jeri Mortimore, CFRE**  
Fund Development Director
- Jessica Hall, PHR**  
Human Resources Director
- Kara Seibert, LICSWA**  
Program Director Crisis Triage and Stabilization Services
- Kaylee Collins, LPN**  
Program Director Medication Assisted Recovery Services
- Liana Hategan, MD**  
Medical Director
- Maria Calvert, BS, SUDP**  
Program Director Substance Use Disorder Outpatient Services Clark County
- Pat Upshaw, BA, SUDP**  
Program Director Therapeutic Specialty Courts Outpatient Services Clark County
- Victoria Nita**  
Operations Director

# thank you, lifeline supporters

For fiscal year ending June 30, 2020



Alexander Duffield	Clark County Mental Health Local Sales Tax	Ellowyn Allanketner	Kristi Ewan	Nana's Tiny Cakes	Shona Carter
Alicia Payne	Clark County Quilters	Eluna-Camp Mariposa	Kroger - Fred Meyer	Network for Good	Source Climbing Center
Amanda Kjallin	Clark County Sheriff's Office	Esra Khalil	Laurie Grant	Nonstop Wellness	Spanky's
Amazon Smile	Clinton Rushing	Fidelity Charitable	Laurie Novak	Norma Ninomiya	Speakers for Change
AmeriCorps* VISTA Clark County	Columbia River High School-AVID	Fleet Feet	Lavenita Aluesi	North Sound Accountable Community of Health	State of Wellness Massage
AmeriCorps* VISTA Whatcom County	Community Food Co-op-Bellingham	Harold Raines	Linda Hedpeth	NW Natural	Sunrise Hitek Group, LLC.
Amerigroup Washington, Inc	Community Health Plan of Washington-Clark County	Heather Cowley	Live Laugh Love Art	Pat Shaw	Susan & Mark Hopkins
Amy Myers	Community Health Plan of Washington-North Sound	Hilton Vancouver Washington	Lori Hogan	Patricia Reyes	Susan Standing
Andrew & Margaret Certain	Community of Christ Church	Holly Tolman	Lori Oberheide	Patricia Stephens	Teresa Davis
Ariel Beteo	Craft Warehouse	James & Chelsea Perrone	Lucie Semerciyan	Patti Garland	The Old Spaghetti Factory
Barbra Goode	Danielle Koenig	James Goodman	Luisa Kupu	PeaceHealth Engagement Planning Team	Tom & Trista Breitenbauch
Beacon Health Options	Dawna Crouch	Jane Hooten	Lura Robinson	PeaceHealth Foundation	Trina Johnston
Benevity Inc.	Deanna Green	Jane Jackson	Magenta Theater	Peggy Luckman	Ty Stober
Bob and Jan Verrinder	Delta Kappa Gamma, Mu Chapter	Jared Sanford	Maradee Potter	Premera Social Impact Fund	US Department of Fish and Wildlife: Pacific Region
Body Bliss Yoga Studio	Diane Heider	Jenny Estes	Marika Wolfe	Project Linus	Vancouver Music Academy
Camas High School	Diane Lewis	Jeri Mortimore	Mark Holan	Propel Insurance	Vancouver Public Schools
Camas Meadows Golf Course	Donald Armstrong	Jessica Hall	Mar's Chinese Cuisine	Providence Health Plans	Vanessa Gaston
Carolyn Mason	Donor Anonymous	Jevon Kelly	Mary Breitenbauch	Randall Strutz	Victoria Nita
Cascade Pacific Action Alliance	East West Martial Arts	Jim & Shirley Baker	Mary Fudge	Richard Hart	Wallace Williams
Cherry Grove Friends Church	Ed and Dollie Lynch Fund	John Hart	Mary Jacobs	Rick Ford	Washington Service Corps
Child and Adolescent Clinic	Edie Blakley	Jo-Lynn Tolman	Melissa Marrott	Rick Potter	Washington State Combined Fund Drive
Chris Radford	Ellen Harper	Josephine Finley	Merrie Armour	Rozie Budge	Watson Hall
Christy Bettis		Kathy Diez	Mesha Wood	Safeway 3285	Williams Charitable Fund
City of Vancouver CDBG/HOME		Kathy Fisher	Michelle Stults	Savior Socks	Wilma Fisher
Clark County CDBG/HOME		Keith Wells	Mike Perez	Shannon Edgel	XI Sigma Chapter
		Kelsey Nolte	Molina Health Care of Washington-North Sound		

## Untitled Poem

Of all the things I kept from me.  
Of all the things  
I've kept from me.  
The biggest lie;  
I could not see.  
Why one would choose,  
to hide themselves;  
I would not know...  
Now seems; a hell.  
A hell no man  
Should have to bare.  
A waste of time,  
No answers there.  
But, there you stayed;  
for oh, so long.  
Until your pasts;  
Undid their wrongs.  
And now you journey,  
Along the path,  
Of those who learned,  
to do the math.  
—H. H.

# timeline of events

**2**

**FEBRUARY**

Opening of a Medication Assisted Treatment Clinic in Oak Harbor, WA



**3**

**MARCH**

Opening of our 1st Recovery Residence for Women in Vancouver, WA



**8**

**AUGUST**

Opening of the Crisis Triage and Stabilization Inpatient Program in Vancouver, WA



**9**

**SEPTEMBER**

Opening of an Outpatient Competency Restoration Program in Vancouver, WA



**11**

**NOVEMBER**

Selected to operate the Housing and Recovery through Peer Supports (HARPS) program in Whatcom and Skagit Counties, WA



# 2020 community awardees



**FRC TEAM 2471**  
2020 Community Partner Award



**LEAH BECKNELL**  
2020 Award of Excellence

# statement of financial position

For fiscal year ending June 30, 2020

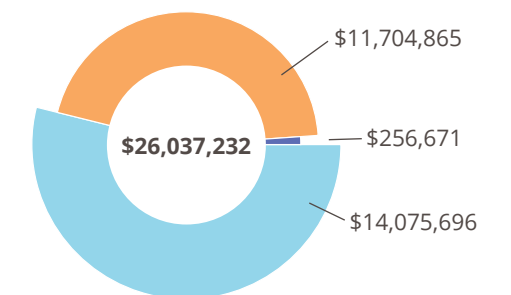
ASSETS	
Cash and Cash Equivalents	\$ 5,253,857
Accounts Receivable	\$ 4,253,120
Investments	\$ 2,733,213
Prepaid Amounts and Other	\$ 47,135
Property and Equipment, Net of Accumulated Depreciation	\$ 7,607,039
<b>Total Assets</b>	<b>\$ 19,894,364</b>

LIABILITIES	
Accounts Payable	\$ 178,696
Accrued Payroll and Related Payables	\$ 1,190,712
Notes Payable	\$ 1,537,668
Refundable Advances	\$ 2,722,827
<b>Total Liabilities</b>	<b>\$ 5,629,903</b>

TOTAL	
Total Liabilities	\$ 5,629,903
Net Assets	\$ 14,264,461
<b>Total Liabilities and Net Assets</b>	<b>\$ 19,894,364</b>

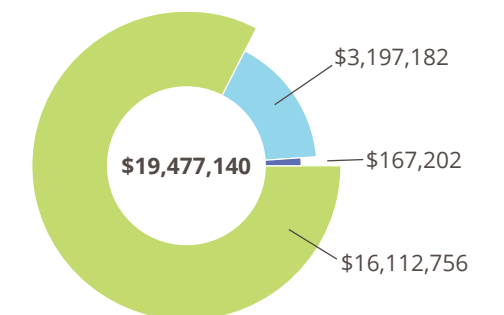
## FUNDING SOURCES

- Insurance Contract Revenues
- Grant and Government Revenue
- Contributions and other income



## ANNUAL EXPENSES

- Program Services
- Administration
- Fundraising

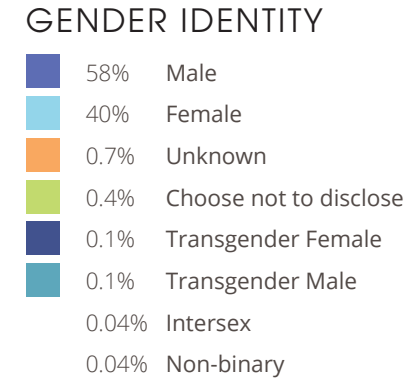
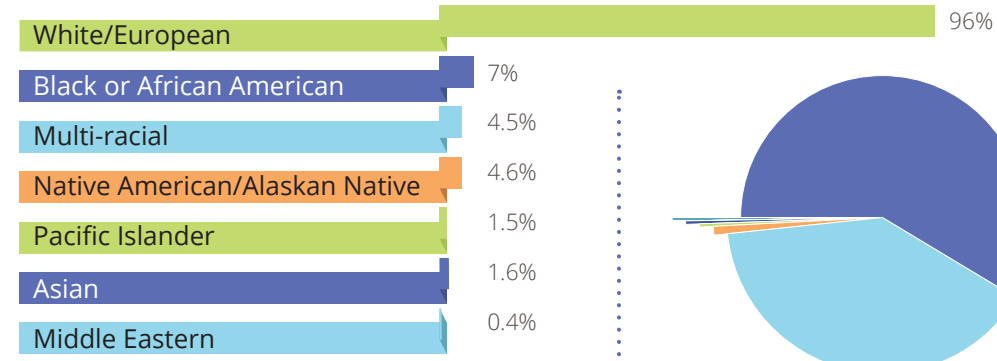
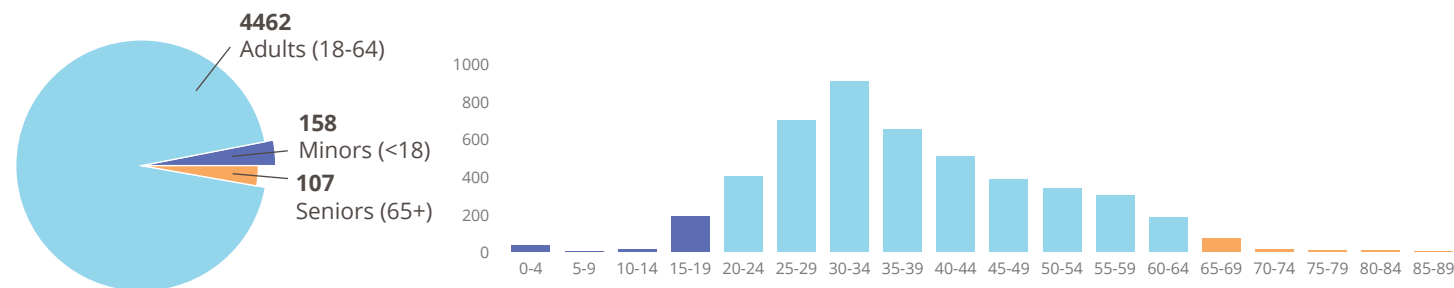


"[Lifeline Connections] helped me deal with [my] past and get through it. It never left me hanging out to dry when I was talking about hard issues."

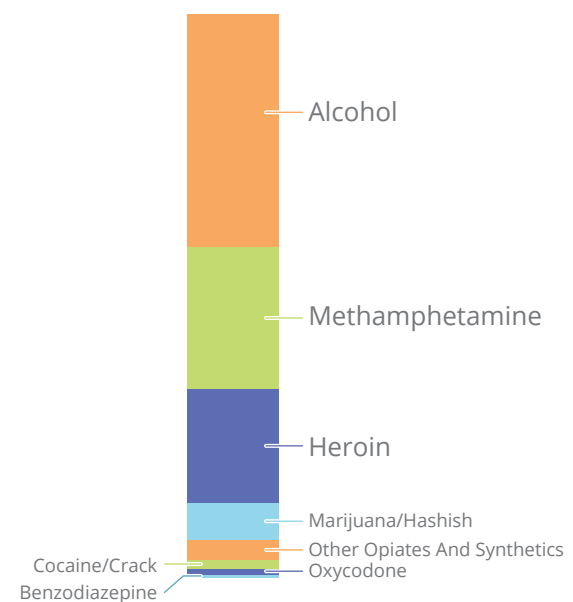
**- FORMER PATIENT**

# patient data reports

## AGE RANGE



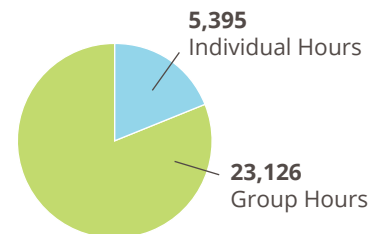
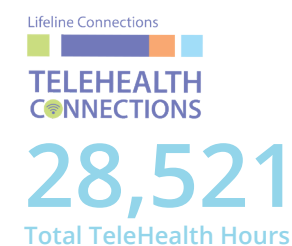
## PRIMARY DRUGS USED



## Top 2 Diagnoses

- F43** Adjustment Disorder
- F33** Major Depressive Disorder

The top MH diagnoses were Substance-Use related. Not shown in this measure.



I've gained awareness on my mental health obstacles/disorders. I've made great improvements and progress. I got great insight from my appointments

— FORMER PATIENT



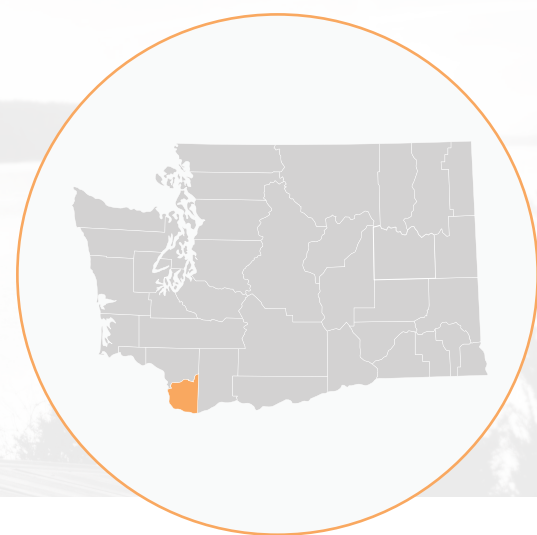
## I Understood Myself

I understood myself only after I destroyed myself and only in the process of fixing myself did I understand who I really was.

—Lacy



# crisis and stabilization inpatient programs



## ■ Crisis Triage and Stabilization Program

Lifeline provides short-term crisis residential services for adults experiencing an acute mental health crisis. The Crisis Triage and Stabilization program is an alternative to hospitalization or can decrease the length of hospitalization.

These services are time-specific, patient focused and strength based. The environment helps patients feel welcomed, valued, affirmed and validated. Patients play an active role in the treatment planning which promotes empowerment and resiliency for future crises. The support team consists of licensed substance use and mental health professionals, licensed nurses, peer support specialists, licensed prescribers and case managers.

**Available in:**  
CLARK COUNTY

## ■ Detoxification Program

Lifeline provides a medication-assisted detoxification program to help patients attain mental and physical stability without harmful side effects. Detoxification is a 1-5 day inpatient stay, where patients are assisted by our medical team of doctors and nurses as well as caring support staff.

We provide compassion and are dedicated to helping our patients reach their goal of sobriety. Our detoxification program's mission is to provide a safe space for individuals to detox from harmful substances while providing individuals an opportunity to continue on into behavioral health treatment services.

**Available in:**  
CLARK COUNTY

## ■ Sobering Services Program

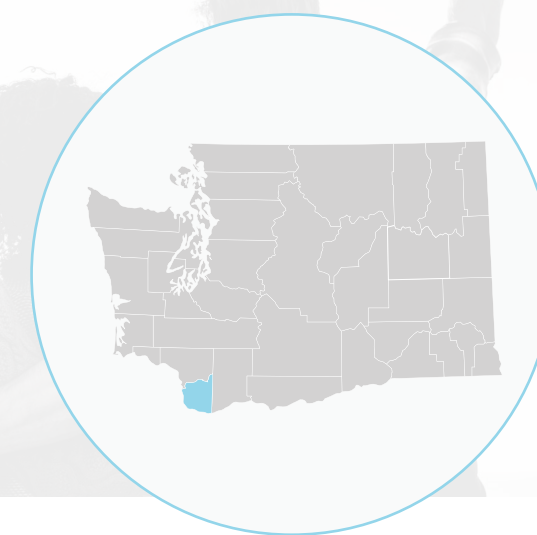
The Sobering Unit can serve as the “front door” to sobriety in getting help with addiction. This unit offers persons over the age of 18 a safe environment in which to overcome the immediate effects of alcohol and/or other drug intoxication. This program serves as a diversion from jail and the local emergency departments.

The service operates free of charge to Washington State residents and is a 26 bed inpatient program, which is open 24 hours a day seven days a week with a maximum 12 hours length of stay. Admission is based on a brief assessment upon arrival. No referral is required. The goal is to maximize the “window of opportunity” in which an individual might be most amenable to make life changes.

The Sobering Urgent Response Vehicle (SURV) works with local law enforcement, emergency medical and local hospitals to coordinate the pickup of individuals and transport them back to the Sobering Unit.

**Available in:**  
CLARK COUNTY

# substance use disorder residential programs



## ■ Men’s and Women’s Residential Program

After an individual has safely detoxed from drugs and/or alcohol they are encouraged to continue treatment into our residential program. The goal of this program is to provide individual, group and family counseling and support to help individuals learn skills to live a substance-free life. This program lasts 30-45 days on average. Patients enjoy an environment that includes community access and structure to help them build life skills. Our residential programs are separated by gender. Our men’s program is a 44 bed program and our women’s program is a 16 bed program.

**Available in:**  
CLARK COUNTY

## ■ Pregnant and Parenting Women’s Program

This is a long-term residential, 3 to 6 months, 17 bed program which allows mothers to keep their children, birth to five, with them during their substance use treatment. We welcome women who are in many different stages of parenting and support them as they deliver their baby, increase parenting knowledge, obtain visitation and/or custody, and embrace motherhood. We offer family therapy, encourage family involvement, and provide mental health support.

**Available in:**  
CLARK COUNTY

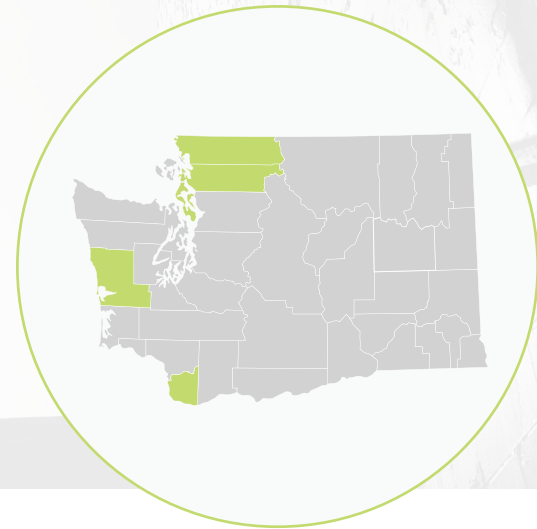
## Invictus

Out of the night that covers me  
Black as the pit from pole to pole  
I thank whatever gods may be  
For my unconquerable soul  
In the fell clutch of circumstance  
I have not winced nor cried aloud  
Under the bludgeoning of chance  
My head is bloody, but unbowed  
Beyond this place of wrath and tears  
Looms but the horror of the shade  
And yet the menace of the years  
Finds and shall find me unafraid  
It matters not how strait the gate  
How charged with punishment the scroll  
I am the master of my fate,  
I am the captain of my soul

—William



# substance use disorder outpatient programs



Outpatient treatment includes individual and group therapy sessions; the intensity of sessions depends on the individual's needs from weekly to monthly meetings. During sessions patients are educated on relapse prevention and coping skills amongst many other tools to help adjust and continue a substance free lifestyle. The goal of this program is to help patients achieve and maintain sobriety, and reintegrate into their communities.

“Very welcoming and a nurturing environment to heal and grow in.”

– FORMER PATIENT

## ■ Medication Assisted Recovery

Patients who are enrolled in our Medication Assisted Recovery Program have the option of being prescribed medication to help with their opioid addiction or alcoholism. In Lifeline's Medication Assisted Recovery program a variety of medications are used, including Suboxone® and Vivitrol®. These medications help individuals gain stability in their life so they can engage in therapy where new life skills are taught and learned.

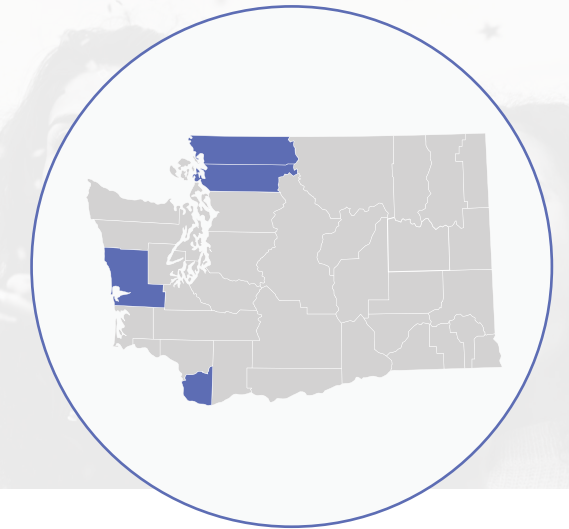
**Available in:**  
CLARK COUNTY  
GRAYS HARBOR COUNTY  
ISLAND COUNTY  
SKAGIT COUNTY  
WHATCOM COUNTY

## ■ Deaf and Hard of Hearing Outpatient Program

Lifeline's Deaf and Hard of Hearing Outpatient Program is one of only a handful in the nation. Treatment for drug and alcohol addiction is provided using American Sign Language. Outpatient services include group sessions for anger management, coping skills, and relapse prevention. Treatment is experienced with other individuals in the deaf community.

**Available in:**  
CLARK COUNTY

# mental health programs



## ■ Mental Health

Individual counseling, group therapy, case management, peer support, and medication management provide hope for individuals struggling with a mental health condition. Individuals struggling with a mental health condition can and do gain stability through the use of effective therapy.

**Available in:**  
CLARK COUNTY  
GRAYS HARBOR COUNTY  
SKAGIT COUNTY  
WHATCOM COUNTY

## ■ Offender Re-Entry Community Support (ORCS)

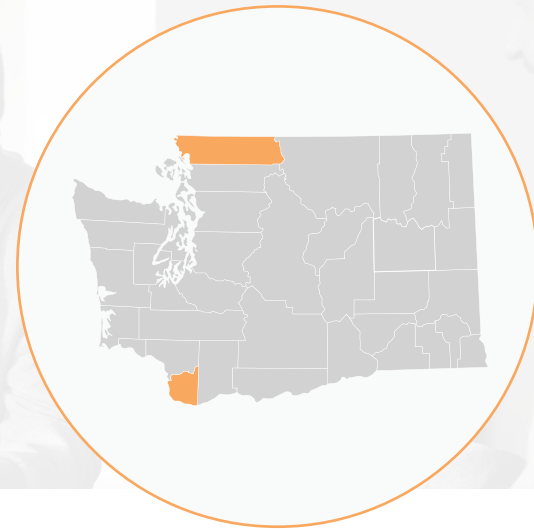
The ORCS program provides ongoing support for individuals who are transitioning from prison whose crime was violent and exacerbated by their mental health condition. The program offers assistance with housing and basic needs for up to 5 years so long as the patient remains active in mental health services. Engagement begins prior to release in order to make a strong transition plan and to build rapport.

**Available in:**  
CLARK COUNTY

“[Lifeline Connections] has benefited me greatly in my individual recovery. I was able to have a treatment tailored to my life, my home, my family, and my individual family plan.”

– FORMER PATIENT

# therapeutic specialty courts



## Therapeutic Specialty Courts

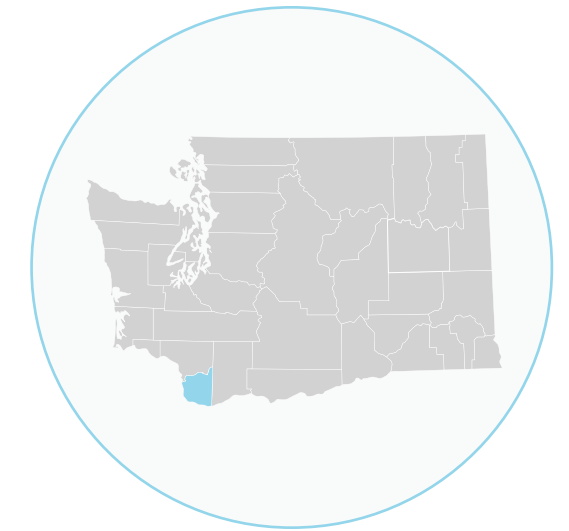
Therapeutic Specialty Courts Through a community partnership with the Superior and District court systems, individuals who have been accepted into the adult drug court, substance abuse court, family treatment court, or the juvenile drug court program are offered an opportunity to participate in an intensive program for a minimum of one year. Part of this program is receiving treatment at Lifeline Connections instead of going to jail and/or prison. Lifeline Connections' clinicians provide substance use disorder treatment. Case management services are also provided to assist individuals in successfully graduating from the court program and gaining access to community resources.

**Available in:**  
CLARK COUNTY  
WHATCOM COUNTY

## What is your deepest fear?

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. You are a child of God Your play small does not serve the world There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine as children do. It's not just in some of us; He's in everyone and as we let our own light shine, we unconsciously give others permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.  
-Anonymous

# community based programs



## CAMP MARIPOSA

Camp Mariposa is a year-round program that serves youth ages 9-12 who have been affected by the substance use of a loved one. Lifeline Connections has partnered with the Eluna Network, a nationwide organization, to host the thirteenth Camp Mariposa, Camp Mariposa of SW Washington. Serving a capacity of 36 youth throughout the year, Camp Mariposa of SW Washington provides opportunities for youth to connect with peers who have experienced similar adversities and mentors who are enthusiastic to offer their support and kindness throughout camping weekends. Additional family activities are also provided between the bi-monthly camping weekends that engage the entire family and the mentors in fun, outdoor, and even educational events. Campers reflect on how they have enjoyed visiting with a therapy alpaca, participating in archery, and how they now feel they have someone to talk to at camp about their feelings. The experience that this camp provides its young campers creates long lasting positive influences that will affect them long into adulthood.

**Available in:** CLARK COUNTY

## COMET

COMET is an assertive community treatment program that operates in Clark County and provides intensive, community-based services to individuals with severe mental illness and substance use disorders. We offer individual, group, peer support, medication management, nursing, housing, employment, and case management services on a 24 hour basis to help adults gain and maintain their stability.

**Available in:** CLARK COUNTY

## Expanded Community Support (ECS)

Our ECS team provides behavioral support to adults residing in adult family home placements across Clark County. We offer training and collaboration with the providers and work to help manage challenging behaviors which can jeopardize the successful placement of a patient in a new home. Last year we provided services to 57 adults with an average age of 59 years old.

**Available in:** CLARK COUNTY

## Jail Services

Jail transition services provide individuals that are currently incarcerated in the Clark County Jail with services that helps them transition to mental health programs upon release. Staff engage referred individuals while incarcerated and generally pick them up on release day to assist in the required activities to set them up for success.

The Jail Re-Entry Program enables those individuals currently incarcerated in the Clark County Jail to have access to a substance use disorder assessment and linkage to community resources once they are discharged. The jail re-entry staff member goes into the jail to provide an assessment and provides referrals for treatment resources.

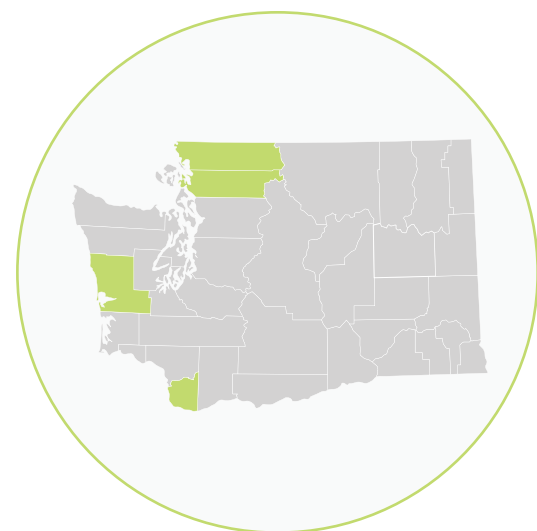
**Available in:** CLARK COUNTY

## School-Based Programs

The behavioral health school based programs provide individual therapy to students that the prevention specialist at the school has identified as being in need of behavioral health services. Often times the students are dealing with high levels of stress and family conflicts. The students are able to connect with the therapist throughout their school day/week making for easier access of behavioral health services.

**Available in:** CLARK COUNTY

# recovery support programs



## Supportive Employment Services

Our Supportive Employment program is an approach to vocational rehabilitation that emphasizes assisting people in their efforts to achieve steady, meaningful employment in mainstream competitive jobs. The employment support process begins with a thorough assessment of the individual's skills, strengths, and interests and identifies the individual's work preferences and obstacles to gain or retain employment. An individualized job search and support plan is developed to empower the person in their recovery with their goal to achieve stable employment. The benefits of employment for people in recovery include increased income, improved self-esteem, increased social and quality of life, better control of symptoms, reduced substance use, and reduced hospitalization or incarceration.

Our business venture, Connections Café and Catering (CCC), is a business started for the purpose of hiring individuals who have a behavioral health condition and have either completed or who are still engaged in treatment services. CCC helps individuals develop job skills and provides them with much needed income while they start on the road to long-term recovery.

**Available in:** CLARK COUNTY

## Supportive Housing Services

Our Supportive Housing program is assisting people with behavioral health conditions who are also experiencing homelessness or are transitioning out of institutional settings, as well as people with a behavioral health condition. A Supportive Housing Specialist helps individuals to prepare, move into and maintain permanent housing. The housing support process begins with a thorough assessment of individual's housing needs and identifies the individual's housing preferences and obstacles to access housing. An individualized housing placement and support plan is developed to empower the person in their recovery with their goal to obtain stable housing.

The Recovery Residence is for individuals in recovery from substance use disorders. This single family home gives a helping hand to individuals in recovery who need housing

supports for their success. Individuals who meet the eligibility requirements for residency are offered a month-to-month lease with affordable rent.

**Available in:** CLARK COUNTY

## Recovery Resource Center

The Recovery Resource Center (RRC) is a program that helps individuals in early and long term recovery sustain and strengthen their recovery. The RRC serves as a location for self-help meetings and education classes. The RRC has a computer lab and a case manager on-site to assist individuals. The RRC also sells recovery related books and merchandise.

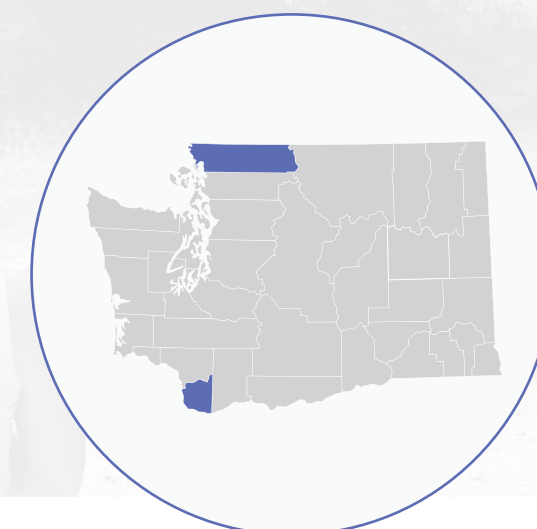
**Available in:** CLARK COUNTY

## Peer Supports/Recovery Coaching

Recovery Coaching is where professional peers are linked with individuals enrolled in our substance use disorder outpatient program. Through the process of Recovery Coaching, patients deepen their learning, improve their performance, and enhance their quality of life. In each meeting, the patient chooses the focus of conversation, while the coach listens and contributes observations and questions. This interaction creates clarity and moves the patient toward action. Recovery Coaching accelerates the patient's progress in recovery by providing greater focus and awareness of choices, actions, and responsibility. Coaching concentrates on where patients are now and what they are willing to do to enjoy a better tomorrow.

**Available in:**  
CLARK COUNTY  
GRAYS HARBOR COUNTY  
SKAGIT COUNTY  
WHATCOM COUNTY

# other programs



## Health Home Services

Health Homes is not a place, but a set of services to provide care coordination for high cost/high risk Medicaid patients in Washington. Eligible patients have chronic health conditions including physical health conditions (e.g. diabetes, cancer, HIV) and/or behavioral health conditions (e.g. a mental health condition or substance use disorder). Health Homes is a service offered through a partnership between the Healthcare Authority, Department of Social and Human Services, Medicaid Managed Care Organizations and Care Coordination Organizations like Lifeline Connections.

**Available in:**  
CLARK COUNTY

## Alcohol Drug and Information School

Alcohol drug and information school (ADIS) are a set of classes geared to educate individuals around the harmful effects of alcohol and drug abuse. Many individuals are court mandated to attend these classes after a DUI or DWI offense.

**Available in:**  
CLARK COUNTY  
WHATCOM COUNTY

## Problem Gambling

Individuals who struggle with problem gambling can receive individual and family therapy to help them get their lives back on track. Problem gambling treatment provides individuals with the skills and tools they need to overcome their gambling addiction and live a fulfilling life.

**Available in:**  
CLARK COUNTY  
WHATCOM COUNTY

“Able to participate in sessions with other ASL users and the therapist knows ASL, which is awesome! Don't need to go through the hassles of getting an interpreter.”

**- FORMER PATIENT**



## how you can help

At Lifeline Connections, our doors are open to all who struggle with substance use or mental health conditions—regardless of ability to pay.

Visit our site for more information  
[lifelineconnections.org/how-you-can-help/](https://lifelineconnections.org/how-you-can-help/)

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“The help with my addictions and the inpatients men’s residential was awesome. I found a lot of the tools to use to stay clean.”

**- FORMER PATIENT**



**It's never too late to call.**

1.800.604.0025

[www.lifelineconnections.org](http://www.lifelineconnections.org)

[info@lifelineconnections.org](mailto:info@lifelineconnections.org)

Facebook: [/lifelineconnections.org](https://www.facebook.com/lifelineconnections.org)

Instagram: [@lifelineconnections](https://www.instagram.com/lifelineconnections)

