

**LIFELINE CONNECTIONS**  
**SOBERING ADVISORY BOARD MEETING**

March 21, 2019

Center for Community Health  
Second Floor, Mod B Conference Room

**Members Present:** Marc Muhr, Peggy Sheehan, Amy Reynolds, & Kate Budd

**Members Absent:** Kathy McNicholas, Olivia Resnick, Todd Skenandore, Sabrina Coggins, Christian Rietman, & Terri Owen

**Staff Present:** Ashley Costello, Mariah Spreadborough, Jared Sanford, & Krysta Pennington

The meeting was called to order at 8:34am

**Minutes:** The September 2018 minutes were reviewed and approved by the Advisory Board.

**NEW BUSINESS**

**Program Review:** Ashley and Mariah presented the Sobering Unit Board reports to the Advisory Board. Trends reviewed included referrals, admissions & demographics, frequency of stays, and primary substance of choice. The primary substances of choice continue to be alcohol, cannabinoids, and stimulants. Over 95% of admitted patients are self-referred walk-ins, with the remaining being either referred by law enforcement or community partners.

Lifeline is looking into adding a peer to the Sobering unit to promote ongoing treatment, as well as looking into a prescriber to provide a few hours of assistance on the unit.

**UNFINISHED BUSINESS**

**SURV Update:** We are still working on finding staffing for the SURV van, and have looked into different position options. Now that the Sobering unit is close to fully staffed, more focus can now go towards recruiting for this. Once the van is running again, flyers will be redistributed.

The meeting was adjourned at 9:06am.

Respectfully Submitted, Krysta Pennington