

**LIFELINE CONNECTIONS**  
**SOBERING ADVISORY BOARD MEETING**

June 21, 2018

Center for Community Health  
Second Floor, Mod B Conference Room

**Members Present:** Kathy McNicholas & Kate Budd

**Members Absent:** Marc Muhr, Olivia Resnick, Peggy Sheehan, Kalen Beasley, Amy Reynolds, Todd Skenandore, Sabrina Coggins, & Terri Owen

**Staff Present:** Brandy Branch, Ashley Costello, & Krysta Pennington

The meeting was called to order at 8:37am

**Minutes:** The February 2018 minutes will be sent out and approved via email, due to lack of quorum.

**NEW BUSINESS**

**Introductions:** Ashley Costello, Lifeline's new Withdrawal Management Director, was introduced to the Advisory Board.

**Program Review:** Brandy presented the Sobering Unit Board report to the Advisory Board, including information regarding referral sources, unit frequency, and primary drug of choice. Most admissions are self-referred. Approximately 95% of individuals admitted to the unit are homeless. There are patients that are not making the expected progress and are considered "over utilizers" of the Sobering unit's services. Weekly reviews of the top utilizers are conducted by Brandy and the Sobering counselor, to determine what steps need to be made to assist them with moving forward.

The Sobering unit is regularly full during the night. During the day, there is an average of four individuals on the unit. The current weather also effects how many individuals we will have admitted to the unit.

**UNFINISHED BUSINESS**

**SURV Update:** Staffing for Recovery Coaches has been difficult. The original plan was to staff the van with a Recovery Coach and a C.N.A/MA. It has been approved to begin recruiting for a Case Manager instead. Kate noted that it might be beneficial contracting with another outreach team.

**OTHER DISCUSSION**

Kathy noted that Second Step Housing is looking for more Board members. Kate noted that the Homeless Action Plan is currently being updated. Surveys will be provided to Corliss and Katie to complete with patients. The unit is low on underwear and socks for men, and is looking for donations.

The meeting was adjourned at 9:19am.

Respectfully Submitted, Krysta Pennington