

Vancouver School of Arts and Academics Partners with Lifeline



Lifeline Connections is upgrading its website and adding new videos to better reflect the services it provides to the community. With very little budget and a relatively tight timeline, Lifeline reached out to Mr. Jim Jeffers at Vancouver School for Arts and Academics Moving Image Arts Program to see if a team of his students might be interested in contributing their time to our project.

Mr. Jeffers welcomed the opportunity to provide real life business experience and six students volunteered to take on the project. The four boys and two girls spent two three hour sessions at Lifeline using professional lighting, sound, and camera equipment filming one former client and four staff members. Lifeline staff commented about the students' professionalism and their commitment to producing the best possible product. Students returned to the high school where they worked their magic. Using the school's video editing equipment and adding music and captions, the students produced five high quality videos.

As part of the high school curriculum, students are ex-

pected to create digital resumes. The students who participated in this project will be able to link to their videos on Lifeline's new website to show potential employers their real life experience.

Thank you to Mr. Jim Jeffers and Moving Image Arts Program students - we could not have done it without you!

Community Partnerships Benefit Lifeline

Thanks to the Charis Fund for \$5,200 to purchase new mattresses for our detox unit!

We're also grateful to the XChange Auto Dealership, a program of Grace Ministries, for its sponsorship of our request to the National Automobile Dealers Association that resulted in their donation of a new Resusci-Baby CPR mannequin for our staff trainings.



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BOARD MEMBER SPOTLIGHT



DAVID ARTZ

David Artz has served on the Lifeline Board for almost two years; he currently fills the position of Treasurer. He says that he is ecstatic to be retired after thirty years of practicing law in Oregon and California. He and Kate have been married for 32 years. Their 31 year old son; Patrick is on the cusp of receiving his Masters Degree at Reed College. Daughter Mary works for a software company in the Pearl District; she just turned 29.

David loves hard-boiled murder mysteries, baseball and firing up his Weber to grill some fresh salmon or ribs. His travels have carried him to many interesting locations including Machu Picchu, the Gettysburg Battle Field and to Dr. Bob's house in Akron, OH. His favorite music includes Bruce Springsteen, zydeco and he claims that he still remembers hearing Jimi in 1969 in San Francisco.

VOLUNTEER HIGHLIGHT



DAVE TAUBS
PROJECT COMBINE

Since living in long term recovery, David Taubs has given back to the southwest Washington community in many ways, including serving as a mentor since July 2013 in Lifeline's Project Combine program.

After receiving mentor training, David attended a "meet and greet" where David's current mentee approached David to be his mentor. David's goal is to keep the mentee involved in pro-social activities such as working out at the gym and going to dinner. David's most difficult interaction with his mentee is dropping him off at the motel where he lives. David knows that home life is not always supportive of recovery.

In the short time David has been involved with his mentee, he has seen small steps of personal growth in terms of accountability and goal setting. Current short term goals for his mentee include 1) bringing grades up to passing level and 2) moving from Step One to Step Two in the Juvenile Recovery Court program. For David, the rewards of being a mentor are interacting with school counselors and teachers along with a team of Juvenile Recovery Court professionals who all work to make a difference in the life of one young man. Currently, 24 adults are matched with at-risk youth. Thank you, David, for the difference you are making in the life of this young man!

#GIVINGTUESDAY™

Lifeline Connections took a leadership role in local promotion of the #Giving Tuesday campaign, a movement which designates the first Tuesday following Thanksgiving as an international day of giving.

Dozens of outreach activities reminded the community of the great tradition of generosity upon which this country is built. "Giving Tuesday is now a cornerstone of Lifeline Connections' new annual appeal campaign," said Jeri Shumate, Development Director.



MY RECOVERY STORY

by Andrea P.

First and foremost, I admit I am 100% powerless and I have no control over my life when it comes to my addiction with drugs and alcohol. My life is unmanageable as long as I'm using.

My relationships are and have been abusive and toxic. My family and close friends want no part of watching me throw my life down the drain because of my choices and actions when I'm using. I've lost control and respect for myself as a mother, sister and person in general. The choices I made have hurt so many who care about me. In my addiction I have pushed my own children away, yet when I'm sober I know that I would do anything in the world for them.

I don't know what my purpose is in life, but I know for a fact it's not this. No way in hell is this any way I planned on living my life. I want to know who I really am again, and what purpose God has in store for me. Deep down I feel there is a purpose for me. I now understand addiction is something you cannot recover from on your own. My Higher Power will give me the courage, strength, and wisdom to know the difference, and He will change the things I cannot. I promise to love myself and to repair my wounded relationships when the time is right. It's not going to be easy but I am a survivor and can fight one more time, because I am worth it.

OPPORTUNITIES & CHALLENGES

With the changes coming through healthcare reform, Lifeline Connections is excited to offer services to more people who will now be eligible for treatment. But one factor has always been true: Medicaid doesn't cover all the costs of treatment for these conditions. We rely on the generosity of individuals and businesses in our community as people succeed on their journey toward recovery.

Would you consider making a contribution to support the more than 3,000 people who will come to Lifeline Connections in 2014?

You can make a tax-deductible donation to Lifeline in any of the following ways:

1. Send your check in the enclosed envelope. If it is missing simply send it to: Development Department, Lifeline Connections, PO Box 1678, Vancouver, WA 98668
2. Call 360-397-8246, ext. 7554 to make a contribution over the phone.
3. Contribute online by visiting our website at www.lifelineconnections.org and clicking the "Donate Now" button.

Your donation makes a difference!

PROGRAM HIGHLIGHT

Deaf Outpatient Treatment

This program is a unique service for Deaf and Hard of Hearing individuals who use American Sign Language. It is, in fact, one of only a few chemical dependency programs of its kind in the nation. The services are provided by a Chemical Dependency Counselor who is fluent in American Sign Language. Cultural concerns unique to the deaf community are addressed during the treatment process and clients appreciate being in treatment with other deaf people who understand their challenges and successes.

Lifeline Connections is proud to offer this service to the local community and to others who travel to this area to receive treatment. Sign language interpreters are not necessary in this program which makes the treatment process more personal, cost effective and natural for deaf individuals recovering from addiction. They are able to develop relationships and support each other both in treatment and in the community as they continue their own recovery process.

—Maria Calvert, Program Director, CD Outpatient Services

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GoodShop

Follow their links to find the best coupons, coupon codes, discounts and deals at www.goodshop.com. A portion of your purchase will be donated to Lifeline Connections.