



Full house at birthday celebration.



Lifeline admissions team.



Patty McGuinness, Lifeline Community Partner.

LIFELINE CONNECTIONS TURNS 50!

October 24, 1962:

President John F. Kennedy orders the US Navy to blockade Soviet ships carrying arms to Cuba.

James Brown records "Live at the Apollo" in New York City.

In Washington State, the Clark County Citizens Committee on Alcoholism is formally incorporated.

Presidents and musicians have come and gone in the past fifty years, but the Clark County Citizens Committee on Alcoholism—now known as Lifeline Connections—continues to provide for the needs of people impacted by chemical addictions.

Nearly 150 people gathered at the Center for Community Health on Wednesday, May 29, to celebrate those fifty years of community service. The first annual John Cox Award of Excellence was given to its namesake, John Cox, for his years of dedication both to this agency and to the larger community's efforts to address substance use disorders. Patty McGuinness, a corrections officer from Washington Department of Corrections, was awarded the Lifeline Community Partner award for her unwavering commitment to her clients who live with substance use and mental health disorders.

Many visitors expressed that the highlight of the event was hearing from three people who have used Lifeline Connections' services to help them reclaim their lives and live in recovery. Listeners were reminded of the harrowing challenges some children in our community face, and how that can shape decades of their lives to follow. Each speaker, though, demonstrated that recovery from both mental health and substance use disorders is indeed possible—and in fact happens every day.

A highlight of the event was the opportunity to display art produced by many of Lifeline's clients during Art Therapy. Through a generous grant from The Giving Circle, a program of the Nonprofit Network of Southwest Washington, this art is now attractively matted and framed and will hang on the walls of the agency to demonstrate to clients and visitors the powerful healing that comes from artistic expression.

Lifeline Connections thanks the community for coming out to celebrate with us.

President

Susan Taylor

Vice President

Armando Herrera

Treasurer

David Artz

Secretary

Wallace "Rusty" Williams

Board Member

Sandra Robertson

CEO

Jared Sanford

Director of Clinical Services

Brandy Branch

Director of Medical Services

Dr. Gilbert Simas

Lifeline Connections

PO Box 1678

1601 E Fourth Plain Blvd, Bldg 16, Ste A212
Vancouver, WA 98668-1678 / 98661-3753

P: 360-397-8246

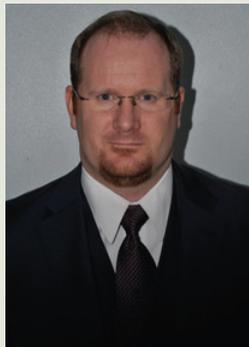
F: 360-397-8250

TF: 800-604-0025

URL: www.lifelineconnections.org

E: info@lifelineconnections.org

EIN: 91-0787084



Jared Sanford, CEO

A MESSAGE FROM THE CEO

Lifeline Connections has been in existence for over 50 years, and during that time the agency has had many successful newsletters. We are excited to restart a newsletter at Lifeline entitled *Life Lines*. The newsletter will be an opportunity to share with all of Lifeline's stakeholders our successes, set backs, stories and plans for the future. I want to thank all those that helped restart our newsletter, namely: Jeri Shumate, Shannon Edgel and volunteer Matthew Vlacich. I want to also thank all of Lifeline's staff who work day in and day out with an unwavering commitment to the individuals we serve. Lifeline is a great agency because of our employees!

MENTORING YOUTH: LIFELINE'S NEWEST PROGRAM

Lifeline Connections is one of four treatment programs in the nation to be awarded a grant from the Office of Juvenile Justice and Delinquency Prevention (OJJDP). Project Combine recruits, trains, and matches volunteer mentors with youth in the Clark County Juvenile Recovery Court program. Mentors identify and build on the youth's individual strengths and goals while engaging them in pro-social activities.

When compared to their peers, youth who meet regularly with a mentor are 52% less likely to skip a day of school, 46% less likely to start using illegal drugs, and 27% less likely to start drinking.⁽¹⁾ Our goal is to serve 95 youth in a two-year period. Project Combine trains mentors in selected skills used in the Adolescent Community Reinforcement Approach (A-CRA), an evidence-based substance use treatment curriculum. Lifeline's Youth Services team has demonstrated continued excellence in the implementation of the A-CRA approach.

Jimi Evans, Mentor Coordinator and Karyn Carterby, A-CRA Clinical Supervisor recruit and screen mentor applicants then provide the initial ten hours of required training. Mentors commit to spending at least one hour per week with their mentee, as well as to maintain the mentor/mentee relationship for at least 12 months.

Learn more about Project Combine - www.chestnut.org/ResearchTraining/ACRAACC/Combine. Contact Jimi Evans, Mentor Coordinator at 360-397-8246 ex 7517 or jevans@lifelineconnections.org.

(1) Mentoring.org. (n.d.). MENTOR: Expanding the world of quality mentoring. Retrieved June 4, 2013, from http://www.mentoring.org/about_mentor/value_of_mentoring/

THANK YOU TO OUR GENEROUS SPONSORS:



ATTORNEYS AT LAW



Lifeline Connections employees and supporters, NAMI Walk NW, 2013.

NAMIWALK NW 2013

The skies may have been cloudy but that didn't stop seventy Lifeline Connections employees, friends and family members from signing up and supporting the eleventh annual NAMI Walk NW. Team "Walking for Life(line)" was the seventh largest team of the day, from more than 160 total teams, and the largest team from Clark County.

The Oregon Chapter of the National Alliance on Mental Illness holds this 5k event on the Vera Katz Esplanade in downtown Portland, and this year more than 2700 walkers came out to remind the public that people do recover from mental illness. Major sponsors included providers on both sides of the river. Funds raised by Lifeline Connections—more than \$500—will stay in town in support of NAMI Clark County.

Bright green shirts with blue logos and print, designed and supplied by the agency's new Activities Committee, told everyone that Lifeline was there in good support of this important cause. Nearly all the Mental Health team showed up to help stomp out stigma. Early finishers stayed around to cheer the last green shirts across the Finish Line.

COMMUNITY REPORT

The economic recovery seems to be gaining ground, and even though our region lags behind the rest of the country, the renewal has caught hold here as well.

At Lifeline Connections, we're also seeing the positive results of our efforts to provide quality service while maintaining a solid financial base. We're pleased to report the following accomplishments since the beginning of our current fiscal year (July 1, 2012):

- ◆ Paid off a \$395,000 line of credit at Riverview Bank in March 2013.
- ◆ Currently maintaining a positive cash flow across the agency.
- ◆ On track to end Fiscal Year 2012-2013 with increased cash reserves.
- ◆ On track to fully pay off loan from Clark County by June 2015.
- ◆ Served upwards of 3,000 clients during 2012.

We are grateful to all our community partners who are helping us assure that the services we provide will be here as long as people need them.

GRANTS AND AWARDS

Lifeline Connections is pleased to announce the following grants have been awarded during 2013:

Community Foundation for SW Washington
\$5,000 for inpatient detox program

The Giving Circle for the Nonprofit Network of SW Washington
\$1,750 for art therapy program

Kaiser Permanente Surplus Warehouse
In-kind donations of furniture, medical, and office supplies

Organizational Development Network of Oregon
In-kind professional consulting for agency strategic planning

Washington Attorneys Assisting Community Organizations (WAACO)
In-kind legal assistance

Washington State Department of Social and Health Services
\$1,693.62 to assist clients in applying for state benefits