SEPTEMBER IS NATIONAL ABDICATION RECOVERY MONTH

**SEP 10**

**ICE CREAM SOCIAL**

Everyone at the Center for Community Health on Tuesday, September 10 was invited to the patio where Lifeline Connections CEO, helped kick off the event. Additionally, Lifeline supported this event by donating food and water for volunteers, distributing literature, and transporting clients who are currently in treatment to the event. Lifeline's newly formed Alumni committee distributed information and recruited former Lifeline clients to a large crowd of those celebrating recovery.

**SEP 20**

**CLARK COUNTY RECOVERY FORUM**

This 12th annual event, sponsored by Clark County Substance Abuse Advisory Board (SAAAB), is entitled “Join the Voices of Recovery, Together on the Pathway to Wellness.” It is on Friday, September 20, 2013 from 5:00 p.m. to 8:00 p.m. at Crossroads Community Church, 7708 NE 78th St., Vancouver. Lifeline will provide complimentary food and beverages.

LIFELINE CONNECTIONS 1ST ANNUAL PICNIC

Under cloudy skies that burned off to show beautiful blue sky, Lifeline Connections employees and families gathered at Mamall Park, Saturday, August 3rd for the 1st annual company picnic. The approximately 140 attendees were treated to a traditional BBQ menu of hamburgers, hot dogs, potato salad, and ice cream. A myriad of games including water balloon toss and kickball kept all who attended entertained either through watching or participating. A highlight was the watermelon eating contests – one for kids 12 and under and one for adults.

Thank you to the following companies that donated products and/or services.

- Ac Accounting
- Brewed Awakenings Coffee Roasters
- Cicily’s Fine Coffee & Tea
- Elements Therapeutic Massage
- Fred Meyer
- Liberty Coin and Currency
- Papa Murphy’s Pizza
- Salon 1010
- Sysco
- Sunrise Bagels & More Bakery
- Technicuts
- Wise Healing

COOKING MATTERS GRADUATION

Lifeline Connections, Clark County Food Bank, and Juvenile Recovery Court joined together in sponsoring a six week Cooking Matters Class for ten youth. Instructors were Kristen Herron- Registered Dietitian & CCFB program manager, Audrey Williams- Registered Dietitian and AmeriCorps volunteer, Mikaela Niemand- founder of Project Healthy Lifestyle, and Meredith Terry- volunteer.

Class topics included fruits and vegetables, whole grains, fats, nutrition and a trip to the grocery store to learn shopping skills. To encourage application at home, students received groceries to make one meal item.

The culmination dinner was held Friday, August 16, 2013 at the Clark County Food Bank and was attended by approximately 40 people including JRC youth, families, program staff and Project COMBINE mentors.

BOARD MEMBER SPOTLIGHT: GINGER SCHMIDT

Welcome to Lifeline Connections newest board member Ginger Schmidt. Ginger brings a wealth of board experience and strong personal connections in the SW Washington community. Ginger works as a Vice President and Branch Manager at the Vancouver Main Branch of Symetra Community Bank. She began her career in banking in 1998 in her hometown of Gresham, Oregon. In 1999 she moved to Camas, Washington where she resides today.

Ginger currently serves as Treasurer on the board of Second Step Housing and as President of the Hazel Dell Slalom Creek Business Association. She is a graduate of the 2013 Leadership Clark County Class.

HANSD ACROSS THE BRIDGE

The biggest Recovery Celebration west of the Mississippi River, Hands Across the Bridge and Oxfest came together on Labor Day. Jared Sanford, Lifeline Connections CEO, helped kick off the event. Additionally, Lifeline supported this event by donating food and water for volunteers, distributing literature, and transporting clients who are currently in treatment to the event. Lifeline’s newly formed Alumni committee distributed information and recruited former Lifeline clients to a large crowd of those celebrating recovery.

GRANTS AND AWARDS

Lifeline Connections is pleased to announce the following grants have been awarded during 2013:

- $1,000 for socks & underwear for detox and residential
- $4,000 for sheets, blankets, bedspreads & pillowcases
- Free Geek: 25 reconditioned desktop computers
- Gifts for Our Community: $1,000 for socks & underwear for detox and residential
- Rotary Foundation: $400 for sheets, blankets, bedspreads & pillowcases
- Walla Walla - Register Dietitian and AmeriCorps volunteer, Mikeila Nienaber- founder of Project Healthy Lifestyle, and Meredith Terry- volunteer. Good morning, everyone. I am Ginger Schmidt and I am very honored this morning to be here to share my personal journey and how it led me to Lifeline Connections. I would like to take a moment to introduce myself. I am a Vice President and Branch Manager at the Vancouver Main Branch of Symetra Community Bank. I have been in the banking industry for 17 years and I have had the privilege of serving our community in many ways. I was born and raised in Oregon and have lived in Washington for the past 20 years. I am married and have two wonderful children.

Thank you, Home Depot!