



National Alliance on Mental Illness

NAMI Walks 

With the help of the Activities Committee, Lifeline Connections is excited to kick off our Wellness Plan together with the NAMIWalk! Participating in the walk you will earn 1 Wellness Point.... If you earn 4 points in 2014 you will be entered into a drawing at the end of 2014!

Every journey begins with that first step! As NAMIWalks celebrates their 12th Anniversary in 2014, they are proud to be the largest and most successful mental health awareness and fundraising event in America!

Through NAMIWalks' public, active display of support for people affected by mental illness, we are changing how Americans view persons with a mental illness. Lets help one step at a time!!!

**Sunday, May 18, 2014
Rain or Shine!
Registration at 12pm
Walk begins at 1pm
Vera Katz Eastbank Esplanade**

**To register for our team please visit:
<http://namiwalks.nami.org/lifelineconnections>**